



Helen Balkenol

February 22, 1924 - July 20, 2015

The Mass of Christian Burial for Helen Balkenol, a resident of Fair Oaks Apartments in Wadena, and formerly of Verndale, will be celebrated on Tuesday, July 28, at St. Frederick's Catholic Church in Verndale. Father Joe Korf will be the celebrant. Friends may call at the church on Tuesday from 9:30 a.m. until the time of Mass. At the age of 91, Helen passed away on July 20, 2015, at the Tri-County Healthcare Hospital in Wadena.

Helen Rita Balkenol was born on February 22, 1924 to Adam and Caroline (Haumesser) Fix in Adrian, MN. She attended and graduated from St. Adrian's Catholic School. Helen was united in marriage to Ralph Balkenol on January 26, 1946 in Jasper, MN. She worked as a bookkeeper for the grain elevators that Ralph managed in many cities throughout MN. They moved to Verndale, MN in the 70's, where they purchased the local grocery store, renaming it Ralph's Super Market. They owned and operated the store until they retired in 1981, continuing to make their home in Verndale. Ralph passed away in 1982, Helen continued to live in Verndale until 1999 when she moved to the Fair Oaks Apartments, where she resided until her passing.

She is preceded in death by her loving husband Ralph, and her parents, Adam and Caroline.

She is survived by her brother, Lawrence Fix and sister, Valeta Kapaun, 2

nieces, 6 nephews, and many great nieces and nephews.

Helen's pallbearers will be Doug and Darrell Kapaun, Steven, David, Gordon, and Guy Fix, Philip Stotesbery, and Ronald Rosenthal. Honorary pallbearers are all of Helen's great nieces and nephews.

Interment at St. Frederick's Catholic Cemetery in Verndale.

Cemetery Details

St. Frederick's Catholic Cemetery

16196 County Road 104
Verndale, MN 56481

Previous Events

Visitation

JUL 28. 9:30 AM - 11:00 AM (CT)

St. Frederick's Catholic Church
20 Mason Ave. NW (aka: US Hwy 10)
Verndale, MN

Service

JUL 28. 11:00 AM - 12:00 PM (CT)

St. Frederick's Catholic Church
20 Mason Ave. NW (aka: US Hwy 10)
Verndale, MN

Tribute Wall

LH

“ *Leo Haisman lit a candle in memory of Helen Balkenol*



Leo Haisman - July 25, 2015 at 03:13 PM

RJ

“ *Helen has lived in that first apt since the first time I went over there. She was always there when I would bring communion or visit her with Terry. It will really seem odd to have anyone else living in her apt. She was a prayer "warrior", always had her rosary in her hand when she was sitting in her chair. May God grant her eternal rest!*

Rose Johnson - July 23, 2015 at 10:08 PM

JR

“ *Jack & Judy Richter lit a candle in memory of Helen Balkenol*



Jack & Judy Richter - July 23, 2015 at 07:58 AM

AK

“ *Amy Kleinke lit a candle in memory of Helen Balkenol*



Amy Kleinke - July 21, 2015 at 03:59 PM