



## Sonja Lilly Flaagan

April 12, 1983 - July 16, 2020

The Celebration of Life Open House for Sonja Lilly Stoterau Flaagan, age 37, of Fargo and formerly of Jamestown, Northwood and Eagle Bend, will be from Noon until 3:00 PM on Saturday, July 25, 2020 at the Nelson Park Chapel in Eagle Bend.

Sonja passed away with her family by her side on Thursday, July 16, 2020 at Essentia Health in Fargo.

Sonja was born on April 12, 1983 to Conrad and Diane Stoterau, in Bertha, MN. Growing up on a dairy farm, Sonja was never afraid to get dirty or help out with chores around the farm. In high school she was involved in FFA, 4-H, and showed cattle. Sonja also served as a regional FFA vice-president. She was passionate about any project that she started, giving 100% to get the job done. She lived life to the fullest.

Sonja graduated from Eagle Valley High School in 2001. After high school Sonja attended college at North Dakota State University and University Wisconsin River Falls, graduating with a Bachelor's Degree in Ag Education. Sonja later went back to school and completed her Master's of Education, at the University of Minnesota.

Sonja worked in Ag Education and banking. When she began volunteering for

the ambulance and fire department, she found a new passion and became an EMT. Sonja was a bright light in many patient's lives serving Northwood, Jamestown, Lisbon, Fargo, and Casselton areas. Sonja was always looking for a way to give back. She would spend her down time making quilts, crafts, socks, and masks, etc. to give back to the important people in her life.

Sonja is preceded in death by her grandparents Doris and Clifford Pederson, and Merlin Stoterau.

She is survived by children Liam and Sofia Flaagan, companion Kevin McDonald of Fargo, parents Conrad & Diane Stoterau of Eagle Bend, siblings Arin (Jared) Spindler of Albany, Michael Stoterau of Fargo, Rachel (Dexter) Pomeranz of Eagle Bend, grandmother Sophie Stoterau of Jeffers along with nieces, nephews, aunts, uncles, cousins, and friends.

Ringdahl EMS will serve as pallbearers.

# Previous Events

## Celebration of Life Open House

JUL **25**. 12:00 PM - 3:00 PM (CT)

Nelson Park  
401 3rd Ave SW,  
Eagle Bend, MN 56446

# Tribute Wall

KG

“ *My thoughts and prayers are with all of Sonja's family. May God guide you through the healing process.*

*Karen Goeller*

Karen Goeller - August 10, 2020 at 01:15 PM

FA

“ *Faye Arntson sent a virtual gift in memory of Sonja Lilly Flaagan*



Faye Arntson - July 25, 2020 at 11:47 AM

FA

“ *Faye Arntson lit a candle in memory of Sonja Lilly Flaagan*



Faye Arntson - July 25, 2020 at 10:36 AM

FA

“ *Faye Arntson lit a candle in memory of Sonja Lilly Flaagan*



Faye Arntson - July 24, 2020 at 07:43 PM



“ Arrive in Style was purchased for the family of Sonja Lilly Flaagan.



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July 24, 2020 at 12:17 PM



“ I met Sonja at a 4H event. We both showed dairy cattle. Probably one of my most fond memories of her was after all the exhaustion of State Fair had subsided we had went out and sat on the retaining wall South of either the beef annex or swine barn (can't remember which) where it was mostly quiet and peaceful, unlike the normal ruckus that is the Great MN Get-Together. We just sat there and talked for hours. Thinking back, the topic of conversation was probably about nothing really important but she had an infectious smile and was always happy, cheerful and easy to talk to. I'll always remember that about her. She will be missed here but Heaven gained a good one.

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**Josh Bauer** - July 24, 2020 at 10:35 AM



“ Tom & Brenda Murch lit a candle in memory of Sonja Lilly Flaagan



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**Tom & Brenda Murch** - July 24, 2020 at 09:36 AM

DH

“ She had a ready and warm smile, her infectious laugh made it easy to like her. Will always remember the summer our families lived by each other...enjoying farm life to it's fullest.  
Joe and Diane Hinkle

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**Diane Hinkle** - July 23, 2020 at 03:48 PM

TF

“ The Hinkle Family purchased the Full Of Love Bouquet for the family of Sonja Lilly Flaagan.



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**The Hinkle Family** - July 23, 2020 at 03:44 PM



“ Beautiful in Blue was purchased for the family of Sonja Lilly Flaagan.



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July 23, 2020 at 12:29 PM



“ Lavender Reflections Spray was purchased for the family of Sonja Lilly Flaagan.



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July 22, 2020 at 08:49 PM



“ *Florist Choice Bouquet was purchased for the family of Sonja Lilly Flaagan.*



July 22, 2020 at 01:16 PM



“ *Beautiful in Blue was purchased for the family of Sonja Lilly Flaagan.*



July 22, 2020 at 11:21 AM



“ *Bruce & Tammy Anderson lit a candle in memory of Sonja Lilly Flaagan*



**Bruce & Tammy Anderson** - July 21, 2020 at 10:39 PM



“ *Full Of Love Bouquet was purchased for the family of Sonja Lilly Flaagan.*



July 21, 2020 at 01:32 PM

NK

“ Norman And Julie Krause lit a candle in memory of Sonja Lilly Flaagan



Norman and Julie Krause - July 21, 2020 at 10:46 AM



“ Enchanted Cottage was purchased for the family of Sonja Lilly Flaagan.



July 21, 2020 at 09:06 AM

LP

“ Lorrie Pomeranz lit a candle in memory of Sonja Lilly Flaagan



Lorrie Pomeranz - July 21, 2020 at 12:41 AM

PD

“ Blessings to Sonja and her family. May they find comfort in God's love.

Pam Doebbeling - July 20, 2020 at 08:37 PM

TO

“ *My prayers with you all.*



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**Tiffany Orsello** - July 20, 2020 at 07:51 PM

MS

“ *Mike And Lea Snyder lit a candle in memory of Sonja Lilly Flaagan*



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**Mike and Lea Snyder** - July 20, 2020 at 04:18 PM

AH

“ *There is an extra bright star shining in the heavens. Thank you, Sonja, for making us all smile.*

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**Allen and Patsy Holmquist** - July 20, 2020 at 01:12 PM

PB

“ *Pat Bruun lit a candle in memory of Sonja Lilly Flaagan*



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**Pat Bruun** - July 19, 2020 at 02:03 PM

RA

“ *Rita Anderson lit a candle in memory of Sonja Lilly Flaagan*



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**Rita Anderson** - July 19, 2020 at 08:17 AM



“ *Nancy Peterson lit a candle in memory of Sonja Lilly Flaagan*



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**Nancy Peterson** - July 18, 2020 at 04:34 PM