



## Tammy Iken

August 14, 1963 - December 11, 2008

Tammy Jo Iken was born to James and Betty Crabb on August 14, 1963 at Wesley Hospital in Wadena, MN. She lost her courageous 4 year battle to colon cancer on Wednesday, December 10, 2008, at the age of 45 years, at Merit Care Hospital in Fargo, ND. Tammy graduated in 1981 from Bertha-Hewitt High School where she was involved in girls high school volleyball and cheerleading and was honored as a Snow Queen. She continued her education at Wadena Technical School and will be remembered as a dedicated and cheerful employee for the First National Bank of Henning, Harry Taves Office, Mid-Central Federal Savings Bank, and as a data entry clerk at Russ Davis Wholesale. She was united in marriage with Robert D. Iken II on February 15, 1986 at St. John Lutheran Church in Wadena. She was a member of the St. John Lutheran Church and was often involved in the Sunday School Program. Tammy enjoyed watching softball, volleyball, baseball and was actively involved in the Wadena Hockey Association. Her free-time included flower gardening and interior decorating. Her love in life were her children and their activities, especially hockey. Tammy is survived by her devoted and loving husband, Bob; her children, James "Jimmy" Iken, Jessica Iken and Nicole Iken all of Wadena; her parents, Jim and Betty Crabb of Hewitt; sisters, Jeannie (Doug) Stromberg of Wadena, and Debra (Randy) Riemer of Henning; mother-in-law, Bea Iken of Wadena; sisters-in-law, Suzanne (Mark) Uselman of Fargo, ND, Brenda (Tom) Young, and Jennifer (Rich) Rentz both of Alexandria; and many nieces and nephews. Tammy will

be dearly missed by her family and friends. Funeral services were held at 11:00 AM on Monday, December 15, 2008 at St. John Lutheran Church in Wadena with Reverend William Stockman officiating. Interment was in the Wadena Cemetery. Pallbearers were Connie Hall, Steve Brown, Steve Babcock, Brent Lawson, Tommy Harthan, and Scott Gustafson.

# Tribute Wall

GC

“ *Iken Family -  
We are so sorry to hear of Tammy's passing. You are all in our thoughts and prayers. God Bless and comfort you during this difficult time.*

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**Greg & Kim (Denny) Carlson** - December 11, 2008 at 12:00 AM

AT

“ *May God's peace be with your family at this time of grieving and let Him comfort you in knowing that Tammy is free of pain and suffering now. May God wrap His loving arms around you and give you a peace like never before. Tammy put up one heck of a fight and I know she is with God right now looking down over us waiting for the day when we will reunite with her. We can be joyous in knowing that we will rejoice with her someday! I wish your family comfort and love during this hard time and always. I am here if you need anything.  
With much love, Alicia Tast(Bryan and Macy Wynn)*

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**Alicia Tast** - December 11, 2008 at 12:00 AM

SP

“ *Dear Bob and Family:  
So sorry to hear about Tammy's passing. She was such a special lady and such a fighter. She will be greatly missed by all of us here at RMCC. Hang in there Bob, and just know that Tammy does not have to suffer anymore and she is in a better place now. I will think of your family often and pray for all of you. God Bless You All.  
Sincerely,  
Sue Pfaff*

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**Sue Pfaff** - December 11, 2008 at 12:00 AM

CE

“ Bob and children and the Crabb family, We express our sincere sympathy for your loss and pray for each of you as you mourn Tammy's suffering and death. God will comfort you. We remember her smile, laugh and great sense of humor. She made the world a better place and I (Carole) enjoyed the workplace more because of her. Our love to all, Carole, Karl and Wayne Eldevik and family

Carole & Karl Eldevik - December 11, 2008 at 12:00 AM

TM

“ Our prayers go out to you and your family in this difficult time.

Ted & Darcy Mindermann - December 11, 2008 at 12:00 AM

MK

“ DEAR BOB AND FAMILY  
WE HAVE BEEN THINKING AND PRAYING FOR TAMMY AND YOUR FAMILY FOR A LONG TIME. OUR PRAYERS WILL CONTINUE FOR YOU DURING THIS HARD ROAD AHEAD. NOTHING WE SAY CAN MAKE THIS EASIER. JUST KEEP YOUR MEMORIES CLOSE TO YOUR HEART AND DON'T FORGET TO TALK ABOUT ALL THE GOOD TIMES. REMEMBER HER SMILE BECAUSE ONE DAY YOU WILL ALL SEE IT AGAIN. TAMMY WAS A WONDERFUL LADY AND WILL BE MISSED BY ALL THAT KNEW HER. GOD BLESS  
MIKE AND RHONDA KLEINKE

MIKE & RHONDA KLEINKE - December 11, 2008 at 12:00 AM

HD

“ I am so sorry for your loss of a mother, wife , sister, daughter and friend. You and your family are in my thoughts and prayers. Heidi Van Dyke

Heidi Van Dyke - December 11, 2008 at 12:00 AM

KS

“ Bob I am so sorry to hear of Tammys passing. You are in our prayers.

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**Katherine Smith** - December 11, 2008 at 12:00 AM



“ Bob and kids,  
Our thoughts and prayers are with you at this time. No preparation readies us, fully, for such a happening within our families. But you have such a strong faith that the burden of the loss of mom and wife is certainly tempered by that faith and the support of family and friends.

God Bless You!  
Mike and Karen

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December 11, 2008 at 12:00 AM

WJ

“ Bob and Family:I was saddened to hear the news of your loss of Tammy. Bless all of you. Wyman.

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**Wyman & Jacque Jorgenson** - December 11, 2008 at 12:00 AM

JA

“ Tammy will be truly missed by so many! Her smile always lit up a room. I knew Tammy from our church and she was such a sweet person. She is truly at peace now. May God Bless her family and friends and provide them peace and strength to get through this time of grief and missing her. Her memory will live on forever. God Bless you!

Jennifer

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**Jennifer Clark Anderson** - December 11, 2008 at 12:00 AM

NJ

“ Dear Bob & family,  
As you have been, you are still in our prayers. No words we can say  
can take your heartache away, but God is with you and knows the  
sorrow you feel.  
God Bless you all,  
Neal and Kim Juers

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**Neal and Kim Juers** - December 11, 2008 at 12:00 AM

RM

“ Bob, Jim, Jessie, and Nicki,  
We want you to know how much we will miss Tammy. She was just  
like a sister to us. She had so many wonderful attributes. She was a  
wonderful mother; she was so proud of all of the accomplishments  
you kids have achieved. She never spoke a bad word about others.  
She was a "classy " lady. She loved her flower gardens and enjoyed  
decorating her home. I know the last four years have been a huge  
struggle, but Tammy taught us alot about life and living. We admire  
your love and perserverence through out this journey. Hold on to all  
the wonderful memories of Tammy, they will give you strength in the  
days ahead. Always have faith. Psalm 71:20-21 says it eloquently;  
"Though you have made me see troubles, many and bitter; you will  
restore my life again; from the depths of the earth you will again  
bring me up. You will increase my honor and comfort me once  
again". Know that Rich and I will always be here for you. We love  
you and care for you all.  
"Death is nothing else but going home to God, the bond of love will  
be unbroken for all eternity". Mother Teresa

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**Rich and Jennifer Rentz, Jon and Mike** - December 11, 2008 at 12:00 AM

WW

“ Tammy will be greatly missed! Lori and I went to Wadena AVTI with Tammy. She was a hoot and always smiling and laughing. She never stopped! She was a great mom (hockey mom too) and loved her family and her community very much. All of our thoughts and prayers are with her family. Take care.

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**Wayne and Lori Wolden** - December 11, 2008 at 12:00 AM

KP

“ Bob and family I just wanted to let you know that you are all in my thought and prayers at this time.

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**Kelly Johnson Puttin** - December 11, 2008 at 12:00 AM

SS

“ When I heard Tammy passed away two things entered my mind: She's whole again and no more pain, but best of all she's "home for Christmas."

*Take the time to grieve and then honor Tammy by living the life she would want each of you to have. God promises that if we know and believe in Him we will all be together again some day. It doesn't get any better than that!*

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**Sue and Greg Stromberg** - December 11, 2008 at 12:00 AM

JF

“ Dear Bob & Family ,  
Our thought and prayers are with you.  
always remember  
Beyond thoughts & opinions  
Beyond songs & slience  
Beyond today & tomorrow.  
Just one thing remains  
MEMORIES  
May Gods blessings & memories of Tammy  
support you forever.

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Janice Hensly & Family - December 11, 2008 at 12:00 AM

CH

“ Bob, Jimmy, Jessie, and Nicki;  
As I sit here and think about all of you, wondering what to say or not  
to say. No words will ever take the pain or hurt away that you are  
feeling. You have to know that even though it was sad to see  
Tammy go, she is not suffering anymore and you will see her again.  
Please know that you are in my thoughts and prayers through all of  
this and you have been for the last 4 or 5 years, while Tammy, along  
with all of you, have been going through this battle. Let the  
memories and family carry your through this.

*I can do all things through Christ which strengthens me. Philipians  
4:13*

*God please be with Bob and family;*

*Christie*

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Christie (Crabb) Hennagir - December 11, 2008 at 12:00 AM

AR

“ *Bob, My heart goes out to you at this time of sorrow.*

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**Adele Rentz** - December 11, 2008 at 12:00 AM

PR

“ *Bob, Jimmy, Jessi, and Nikki,*

*I am deeply saddened at hearing the loss of your wife, and mother. Such a wonderful woman. She was always full of joy from my memories of her! I'm so sorry for your loss! May God be with you. Know that Tammy is taken care of now, free of pain and looking down on you smiling. She is at peace now and she was a WONDERFUL woman. She will watch over you in all that you do. May God be with you and your family as you tread on this tough tough road. You are in my thoughts and prayers. Tammy Rest in Peace, and may God be with your family.*

*Matthew 5:4 "Blessed are those who mourn, for they shall be comforted."*

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**Paige Reynolds** - December 11, 2008 at 12:00 AM

CV

“ *Dear, Bob, Jimmy, Jess, and Nikki, Our Prayers are with you at this time of need, Tammy is ,was and always be in all our hearts. She was a wonderful women to all my children, especially to Jake, thru those tough years at hockey, the impact she had on everyone was enormous, she will so be dearly missed by all of us. Connie, Jake, Hannah, Kirsten, Chad and Family*

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**Connie Carrick & Jacob Vandenberg** - December 11, 2008 at 12:00 AM